PRACTICE JOURNAL

THIS PRACTICE FELT...

Awesome Good Okay Not good Horrible

What did I practice?

I had problems with...

THIS PRACTICE FELT...

Awesome Good Okay Not good Horrible

What did I practice?

I had problems with...

THIS PRACTICE FELT...

Awesome Good Okay Not good Horrible

What did I practice?

I had problems with...

THIS PRACTICE FELT...

Awesome Good Okay Not good Horrible

What did I practice?

I had problems with...

This Weeks Assignments:

Days of Practice ☐

Length of Practice ☐

THIS PRACTICE FELT...

Awesome Good Okay Not good Horrible

What did I practice?

I had problems with...

PRACTICE LOG

Lesson Date:_____

THIS PRACTICE FELT...

Awesome	Good	Okay	Not good	Horrible
☐	☐	☐	☐	☐
☐	☐	☐	☐	☐
☐	☐	☐	☐	☐
☐	☐	☐	☐	☐
☐	☐	☐	☐	☐

Warm Up: S M T W R F S

Practice Assignment #1: S M T W R F S

Practice Assignment #2: S M T W R F S

Practice Assignment #3: S M T W R F S